

## Abbotsleigh Care Home residents enjoy Valentine reminiscence and crafts



Last week at Abbotsleigh Care Home, we enjoyed making love hearts and reminiscing about Valentine's Day and how we enjoyed it when we were younger.

As part of a sensory activity, we **painted hearts in plastic zip lock bags** – a different way of painting (much cleaner!) which gave a wonderful marble effect. This was a brilliant activity to do with residents in their bedrooms.

Brenda enjoyed showing off her artistic flair with a **heart chalk drawing**, whilst some of our residents **painted pieces of jigsaw puzzles** which we then glued into a heart shape.

Our homemade **Valentine's table settings** looked beautiful with heart-shaped decorations and red roses, whilst our **magnificent dessert trolley** boasted a tempting array of fancies, including a stunning heart-shaped cake and strawberries dipped in chocolate, prepared by our Kitchen staff. *Delicious!*



