

Being inspired by nature at Abbotsleigh Care Home



We've enjoyed a recent flower arranging and leaf painting session with our residents at Abbotsleigh Care Home.

It's great to work with **natural materials** and always uplifting to see fresh flowers around our **Home**.

We thought we'd give **leaf painting** a go – something a bit different to the norm – and our ladies and gents really enjoyed it, taking time to carefully paint each individual leaf on springs from our garden. *Creative and relaxing in one go!*

Our wonderful friends at the **Riding for the Disabled Association (RDA)** have also started popping by again; it's been so lovely for our residents to see the **horses** and **riders** once more.