

Celebrating the 70s and cocktails at Abbotsleigh Care Home



Through the Decades 1970s

We had fun celebrating the 1970s with our staff and residents here at Abbotsleigh Care Home, with props, music and dancing.

We also tried **tie-dying some tote bags** with our ladies and gents - a popular craft in the 70s! They came out really well and it was fun **reminiscing** about the past era.

Anyone for cocktails...Abbotsleigh style?

We also had great fun on **World Cocktail Day (Friday 13 May)** when everyone was encouraged to up their fluid intake, with refreshments from our **Hawaiian-style cocktail bar**. *And yes, it led to a spot of dancing!*

Enjoying pastimes

And we've all been busy at **Abbotsleigh**, enjoying hobbies and the great outdoors – with everything from **nerf gun shooting practice**, **watering our indoor plants** and taking time to do **puzzles**, to tending to our **chicks** or enjoying some fresh air outside in

the garden.



Enjoying a range of pastimes