

Enjoying a mocktail or two at Abbotsleigh Care Home



We've had a super few weeks at Abbotsleigh Care Home, despite our Home being closed to outside entertainment and visitors.

We've been enjoying **arts and crafts**, a spot of **dancing** to keep fit, **games and memory quizzes** to keep our brains exercised and many other activities organised by our Recreation and Well-Being Team – and all of our fantastic staff have been joining in.

We celebrated **Nutrition and Hydration Week** with our residents and served 'Monday mocktails' and fresh fruit snacks which were really delicious.

We've also enjoyed both **birthday** and **Mother's Day celebrations** with a little tea party. Family members have been involved through the use of Skype – this has been an fantastic resource, keeping our residents in touch with their loved ones.









