

Abbotsleigh Care Home

Fitness class at Abbotsleigh Care Home



Welcome back G-Fitness

We had the energetic Henry from G-Fitness back to liven up our lounge at Abbotsleigh Care Home recently. We couldn't help but dance along to the music – *he has such a good playlist!*

Everyone really joins in and laughs when he is here; we're looking forward to seeing him again very soon.