

## Mexican fiesta and siesta at Abbotsleigh Care Home



### Mexican garden party

Our residents at Abbotsleigh Care Home had a wonderful afternoon this week enjoying a little Mexican fiesta (*and much later, a little siesta!*) in our lovely garden.

It was a colourful affair, with vibrant **bunting and decorations, Mexican shawls and hats** and a choice of refreshing fresh fruits and juices on offer.

We also had some **lively salsa music, a few dance moves and some serious Pinata hitting!**

Everyone loved the **sunshine, fresh air and good company**. A really fun afternoon was had by all.

We've enjoyed some relaxing **walks in our garden** to make the most of the warmer weather, plus a lovely visit from our local riders when our residents enjoyed feeding the **horses** some apples.

We have also been busy keeping active with some **armchair exercises** and **group painting** too, when we were working on a creative poster for *World Earth Day*.







