

## Riding for the Disabled Association horses visit Abbotsleigh Care Home



We enjoyed another visit from our beautiful local RDA horses recently at Abbotsleigh Care Home.

*The Chalkdown Group Riding for the Disabled Association (RDA) is based in Staplehurst, Kent and is a small group of volunteers and ponies who provide therapeutic riding sessions. They are part of the National RDA, a registered charity, which consists of approximately 500 local groups throughout the country.*

The group comes and visits regularly and our residents really look forward to seeing the volunteers and their wonderful horses; this time we got up close and fed them some cut up apples which they loved!





Such magnificent creatures