

Silk painting and chicken love at Abbotsleigh Care Home



Silk painting

Another wonderful creative idea from Esme in our Recreation and Well-Being Team here at Abbotsleigh Care Home – silk painting!

Our ladies really enjoy trying new crafts and so they were keen to give silk painting a go. The silk was placed onto a frame and gently brushed with **special paint/ink**. We experimented with salt which disperses the colours. It's tricky but it turned out beautifully.

Thanks for a great idea Esme!

Time with our chickens

With such lovely weather recently, we've wanted to be **out in the garden** as much as possible.

We are lucky enough to have our **cute little chickens** and they really do make our time outside enjoyable.

Occasionally they make an appearance indoors as well, so everyone gets a cuddle!



